A Scholarly Guide to Time Management and Academic Success

As our students enter into the final quarter of the year let’s finish strong by dedicating the last eight weeks to excellence in and out of school. How do we do this? We do this through time management.

Organizing your day so that managing your time maximizes your productivity. When students enter school they have a detailed schedule to follow.

Now let’s go one step further and implement this concept into their day once they leave school. Students, answer the following questions:

How many hours do you spend watching TV, playing video games, and sports?

How many hours do you spend studying and doing homework or reading a book?

You can probably see where this line of questioning is going, but to reinforce this notion consider this fact: Studies show that spending less than 3 hours a day completing school work and studying will cause you to struggle at the collegiate level. Thus, limiting your access to the full empowerment and potential of education, such as any business and employment opportunity.

Homework & Study Time:

...Regardless of how hectic your schedule is, as a student, you must find time to dedicate at least an hour a day to each.

The DSP Scholars Take in “Martin R. Delany: The One Man Show”

Despite being an African American pioneer in a vast number of fields in the mid 1800s, Martin R. Delany is but a footnote in most American History books. However, Delany was a man of many accomplishments including being a Civil War officer and the country’s first black nationalist among them. Given these achievements he is the perfect historical figure to be the namesake of our program. Realizing that not many young people know his story, the DSP staff found it suitable to expose our Junior High (cont. pg 2)
A Scholarly Guide to Time Management, (cont. from page 1)

There is a solution to this issue. Students must adapt the same type of time management rigor after school and on weekends that they are regimented to in school. The most feasible suggestion is to dedicate an hour to school work and an hour to study time every evening. In concert with this you must consciously prepare for the next school day.

We are all busy, but regardless of how hectic your schedule is, as a student, you must find time to dedicate at least an hour to each. Homework and study time environments need to be organized spaces with plenty of the necessary supplies, such as pencils, paper, rulers, and calculators. They must be free of distractions, which means no TV, phone conversations or other noise. Music is fine if the volume is at a reasonable level.

Study time as a practice should be something that happens regularly. The art of studying is not right before the exam, but is done best as a daily preparation. Many students have challenges studying effectively. However good study habits include things like checking your homework and reviewing your notes for further understanding. Using the internet as a tool is also a viable way to bolster your command of school material. YouTube and Khan Academy are two examples of resources that have hundreds of educational videos.

Finally there is your preparation for the following day. We can look at it this way, the best way to be ready for tomorrow is to prepare for it today. This should include placing all of your school materials in your book bag. To help further your organization try having one binder for morning classes and another for the classes you have after lunch. Ironing and laying your clothes out at night can make your effort to get out to the bus in the morning much more efficient.

Practicing these time management strategies regularly can make anyone a more productive student.

The DSP Scholars Take in “Martin R. Delany: The One Man Show”, (cont. from page 1)

students to “Martin R. Delany: One Man Show” at the Kauffmann Theatre in the Hill House. The one man play produced, written, directed and starring Wali Jamal chronicles the life and achievements of Delany.

As Mr. Jamal said, “I read about all these things that he did and I kept thinking, why doesn’t anyone know about him.”

To highlight the achievements of Delany and other lesser known but noteworthy Americans who have left an impression on American history, Mr. Jamal has created the theatre endeavor, History’s Flipside. In concert with the stage performance, it is History’s Flipside’s mission to promote more stories like Delany’s, which stand to enrich everyone’s understanding of the many players in American history.

“Martin R. Delany: One Man Show”, writer, producer and actor Wali Jamal, in full Civil War regalia, poses as Union General Martin R. Delany with 8th grade Delany Scholar Najee King. In addition to being a military officer Delany was also the editor of the abolitionist newspaper, The Mystery, a medical doctor, an author, educator and an African expedition leader. Mr. Jamal’s non-profit theatre endeavor History’s Flipside produced the show.
The Scholar Identity Model Component: Academic Self-Efficacy

The DSP utilizes the Scholar Identity Model (SIM), developed by Vanderbilt University Professors Dr. Gilman Whiting and Dr. Donna Ford, as a framework to cultivate our young men’s outlook and commitment to their academic efforts. SIM contains nine components which speak to the characteristics that a scholarly student should possess. The SIM component that the Delany Scholars will be examining next is Self-Efficacy.

According to the SIM, Self-Efficacy is academic self confidence that leads to intellectual development, which then leads to a student being willing to take more academic challenges.

The Delany Scholars will continue the path to academic self efficacy by crafting their own image out of affirmative reflections partnerships between the SSE and local schools. The aim of this joint venture is to prepare its participants for matriculation into college by promoting their enrollment into advanced math and science courses.

On Saturday, March 9th, 2013 a select group of DSP 8th graders attended an information session at the University of Pittsburgh regarding its science, technology, engineering and mathematics (STEM) program Investing Now.

The Swanson School of Engineering (SSE) hosted the recruiting seminar for students with high academic achievement who are from groups that are underrepresented in STEM careers. Investing Now coordinates partnerships between the SSE and local schools. The aim of this joint venture is to prepare its participants for matriculation into college by promoting their enrollment into advanced math and science courses.

Serving approximately 200 students from the Pittsburgh area Investing Now selects 35 new students a year from grades nine through twelve and requires students to maintain a grade point average of 3.0 or better with a high proficiency in math and science.

In turn, through enrollment in non-credit STEM classes during the summer, Investing Now advocates for these students and their parents. The program offers information in six key areas: Student Academic Support, Academic Enrichment, College Planning, Career Awareness, Cultural Awareness and Parent Involvement.

| The websites are as follows: |
| 1. theblackmancan.org |
| 2. theroot.com |
| 3. thegriot.com |
| 4. blackvoicesnews.com |
| 5. newsone.com |
| 6. yourblackworld.net |

Looking Up and Out Into Their Promising Futures

These 8th Grade Delany Scholars posed in front of the Benedum Hall of Engineering while attending the University of Pittsburgh’s Investing Now seminar. Pondering the pursuit a STEM career are from left to right: Najee King, Kobie Kyles, Kobe Sanders, Antoine Hamilton, Sean Mitchell, Amyre Collins and Marcus Hill.
Here are the Third Quarter High Honor Roll Delany Scholars.

**GPA of 3.5 or Better**
*Two or More Report Cards as a High Honor Roll Recipient

**Woodland Hills HS**
Ninth Grade
*Micah Acrie

Seventh Grade
*Raemon Prunty
*Shayne Williams

**WH Academy**
Eighth Grade
*Amyre Collins
*Kobie Kyles

Seventh Grade
Jordan Jiles
Armani Orbinger
Derek Ricketts

**Edgewood Elementary**
Sixth Grade
Anthony C Bullock-Merideth
*Marquise Gibson

**Fairless Elementary**
Sixth Grade
*Malachi Acrie
*Lavonte Sanders
*Maurice White

**Wilkins Elementary**
Sixth Grade
*Dajohn Cosby

**Dickson Elementary**
Daryl Williams, Jr.

**GPA of 3.0 or Better**

Tyrique Coleman, 9th gr
John Robinson, 8th gr
Kobe Sanders, 8th gr
Keysaun Edge, 7th gr
Michael Hill, Jr., 7th gr
James McCoy IV, 7th gr
Marquice Scott-Ford, 7th
Tyler Thomas, 7th gr
Tayvein Brooks, 6th gr
Darwin Crowe, 6th gr
Jihaad Dennard, 6th gr
Amari Gayle, 6th gr
Bryant Johnson, 6th gr
Francisco Jones, 6th gr
Kristifer Jones 6th gr
Tommie Stribling, 6th gr
Corey Williams, 6th gr

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**Letter From the Director**

“It’s Time to Step Up”

We are close to the end of the 2012-2013 school year. Our scholars need to know that now is not the time for them to let down but rather to step up. It is PSSA time and all scholars need to make sure they are prepared to show off their incredible knowledge and skill. This is a great opportunity to represent your family, the program, and yourself to the world. Good job thus far and good luck.